



*Celebrating Korean-American Culture in South Central PA*

# View from the Bridge...Jan/Feb 2013...Vol. 4 Iss. 1

*Welcome to Ta-ri's e-newsletter, provided as part of our mission to be a cultural bridge in the community.*

## Celebrate Korean Lunar New Year with Ta-ri

Ta-ri will be hosting its annual SolNal (설날) family event on February 9<sup>th</sup> at the New Cumberland Library's Foundation Hall. This year's event will include delicious food traditionally eaten on SolNal and fun games for all ages. Women from the Central Pennsylvania Korean Association will make delicious tteokguk (떡국), a soup with a rich broth and rice cakes. Eating tteokguk will give you good luck for the year!

Children can learn how to do the traditional bows to their elders and receive gold coins made of chocolate and there will also be a kite making activity for children of all ages. This fun and casual event is a great way to try traditional Korean food, learn more about Korean culture, and welcome in the Year of the Snake.



Tteokguk 떡국, rice cake soup

### *SolNal Party Details:*

February 9 from 2 -4 pm

New Cumberland Library, Foundation Hall

1 Benjamin Plaza, New Cumberland

**Admission and food is free**, please feel free to bring a snack and/or board game to share.

### *Want to learn more about SolNal?*

For those not familiar with SolNal, it is a traditional Korean holiday commemorating the start of the new year. By the Western Calendar, January 1st is the New Year. However by the Lunar Calendar, the New Year starts January 22. On SolNal, Koreans wear hanboks (traditional Korean dress), have ancestor-memorial services, bow to their elders and wish each other a Happy New Year. On New Year's morning, Koreans eat tteokguk (rice-cake soup). On SolNal, traditional Korean folk games are played such as Yutnori (a board game played by tossing sticks), Paengichigi (top spinning) and Neolttwigi (standing, high-jump seesaw). People may see fortunetellers about the next year or visit old palaces. During SolNal, many department stores, markets, eating establishments will be closed.

### *Also in this issue:*

- Winter Warm Up Recipe
- Language corner – Fall words and phrases

# Korean Cooking – Kim Chi Jigae

As the winter snow and cold begins to chill our bones, warm up with this delicious Korean soup. Kim Jigae is a spicy soup and a great way to use older kimchi. (Actually, it tastes best when the kimchi is older!) Pork belly can be purchased at many local Korean grocery stores or you can substitute bacon. Enjoy this winter soup and warm up on a cold winter night!

## RECIPE INGREDIENTS

- 1 cup of kimchi
- 16 oz pork belly (or any part with fat), thin sliced (uncooked bacon can be used as a substitute)
- 2 green onions, slice in a bias
- ½ pack tofu (dooboo)
- 2 kochu (hot green chili), chopped
- 2 tbsp gochujang (red chili pepper paste)
- 1 tbsp gochugaru (red chili pepper flakes)
- 2 tbsp minced garlic
- 1 tsp soy sauce
- 3 cups water
- Salt & pepper

## COOKING DIRECTIONS

1. Place a pot on the stove, turn the heat on. Add pork belly (or bacon), sauté for a minute or so.
2. Add gochujang and cook until meat becomes white.
3. Pour the water, add kimchi. Bring to a boil, reduce to simmer.
4. Add soy sauce, gochugaru, and garlic. Cook for 20-30 minutes.
5. Add chilies, green onions, salt and pepper. Cook for another minute.
6. Serve with rice.

### Language Corner: Solnal

SolNal: 설날

Tteokguk: 떡국

Happy New Year!

새해 복 많이 받으세요

Hanbok: 한복

# Get Involved!

Ta-ri owes its lifeblood to volunteers and donors ... even our staff work pro bono! We strive to use all gifts effectively and be as professional as we can. At the same time, we thrive on the informal community interactions that grow out of our events and work.

If you have appreciated Ta-ri's activities and services in the past and want to give back, we can find a place for you. Check out the list at right or give us a call and we'll see what we can do together.

Here are just a few ways we have identified:

- Volunteer your [time](#)
- Provide a financial [gift](#)
- Donate [resources](#)
- Share [ideas](#)
- Advertise as a [business supporter](#)
- Earn cash for Ta-ri while searching or shopping online via [our Goodsearch toolbar](#)

We are **deeply grateful** to our [leaders, staff, business supporters](#), and [others](#) for their investment in Ta-ri.

# About Us



Ta-ri was founded in 2005 and celebrates Korean-American culture and community in the south central Pennsylvania area. Our mission is to serve as:

- ❖ community gathering "place"
- ❖ central information source
- ❖ visible presence and voice in the community



Find us at [facebook.com/view.from.the.bridge](https://www.facebook.com/view.from.the.bridge)

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